



Kem Youth Rugby

2022 KYR Rugby Season Overview

Equipment Needs: Soccer Cleats (Rugby Boots) recommended but not required. Mouthpiece are required, scrum caps (optional), Clothes that will and can get damaged and or dirty, a water bottles/jug.

Divisions:

U6- Coach: Steve & Jennifer

U8- Justin & Adam

U10- Matt Zimmerman & Nick Blakely

U12- Jeremy & John

U14- Colter

High School Boys- Baameur, Rudi & Manny

High School Girls- Tim

Location for Practices & Games: Emerald Cove Park, 4303 Patton Way, Bakersfield, CA 93308

Season Duration: March 1st- April 30th

Frequency: 2 Practices Per Week & Games on Saturdays

Practice Days: Tuesday & Thursday

Game Day: Saturday

Game Times: Starts and Ends @ 10AM-12:30 PM (time commitment 3 hours/week)

Practice Times: 5:30-7 PM (time commitment 3 hours/week)

Practice Overview:

Practice will be divided up by age division and each coach will have detailed specific practice plans for their teams. Ideally each division will have a head coach and at least one assistant. Coaches will need to be at the practice field at least 15 minutes early to set up your practice fields. Each coach will have an equipment bag

provided to them at the beginning of the seasons and will need to return it on the last match day. Each practice will start promptly @ 5:30 with a single whistle and will end with a wrap up discussion led by the coaches, ending by no later than seven. Adjustments may have to be made for scheduling conflicts and or daylight restrictions, make sure this gets communicated to the players and parents. The last five minutes of every practice shall be dedicated to a wrap up session appropriate to the age level you are coaching. What went well, what didn't go well and how can we improve. At least once per week during practice coaches need to teach, recite, and repeat the KYR Core Values- Respect others, Be Humble & Have Courage.

Game Day Schedule:

Date	Time	Notes
3/19/22	10-12:30 PM	1 st Matches
3/26/22	8- 10:30 AM	10-12:30 PM Kern County Rugby Home Match
4/2/22	10-12:30 PM	
4/9/22	10-12:30 PM	
4/16/22	No Matches	No matches- Resurrection Weekend (Easter)
4/23/22	8- 10:30 AM	10-12:30 PM Kern County Rugby Home Match
4/30/22	10-12:30 PM	Last Match- End of season celebration.

Coaches will need to arrive 1 hour prior to game time and players will need to arrive 30 minutes prior to arrival time.

I have provided a typical game day schedule, so everyone has an example in hand. It is subject to change, but generally will flow in the manner below:

Game Day Schedule:

Round One					
Opening: National Anthem & Prayer					4
Field 1	Field 2	1st Half	Half Time	2nd Half	Total
U6's	U10's	7	2	7	16
U8's	U12's	7	2	7	16
Field Setup Change				8	8
U14's		7	2	7	16
HS Boys		7	2	7	16
HS Girls		7	2	7	16

Round Two					
Field 1	Field 2	1st Half	Half Time	2nd Half	Total
U6's	U10's	7	2	7	16
U8's	U12's	7	2	7	16
Field Setup Change				8	8
U14's		7	2	7	16
HS Boys		7	2	7	16
HS Girls		7	2	7	16

Registration information:

All players must register to play. Please go to KYR at the link below

<http://www.kernyouthrugby.com/v2/>

Expected Registration cost is \$115.00. More detailed instructions will be shared with you all prior to registration via email and or social media.

There are also sponsorship opportunities. See Parent Informational Handout. No kids will be turned away because they can't afford the registration fee. For those that would like to play and cannot afford, please contact anyone from the board and we can see what we can do.

You will also be required to sign a Rugby waiver at the start of the season.